



Food and Nutrition Career Pathway (FONU)	
Prerequisite	Concentrator
FN41 Food and Nutrition I OR FH10 Culinary Arts & Hospitality I	FN42 Food and Nutrition II

Food and Nutrition I

Prerequisite: None

Course Description

This course examines the nutritional needs of the individual. Emphasis is placed on the fundamentals of food production, kitchen and meal management, food groups and their preparation, and time and resource management. English language arts, mathematics, science, and social studies are reinforced.

Culinary Arts & Hospitality I

Prerequisite: None

Course Description

This course is designed to introduce students to the hospitality and food service industry by learning about components of professional practice and building basic knowledge and skills in food preparation, garde manger, baking, and food service operations. The introduction includes students learning food safety, breakfast cookery, salads and sandwiches, quick breads and cookies, and dining room service. Art, English language arts, mathematics, science, and social studies are reinforced.

Food and Nutrition II

Prerequisite: FN41 Food and Nutrition I or FH10 Culinary Arts and Hospitality I

Course Description

In this course, students experience the intersection of nutrition science and food preparation while building skills for an expanding range of career opportunities. Emphasis is placed on health and social responsibility while improving the way people eat. Students learn how to manage food safety: plan and prepare meals for a variety of consumers and clients; and explore the food system and global cuisines. English language arts, social studies, mathematics, science, technology, and interpersonal relationships are reinforced.